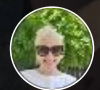


Carmel College Sport Strategic Plan 2025-2028

This document outlines Carmel College's strategic plan for sports from 2025-2028. The plan is built on the pillars of Engage, Enjoy, and Excel, aligning with the school's core values of Respect, Confidence, Belonging, and Wellbeing. It aims to foster confident, connected, and actively involved lifelong learners by promoting sport and physical activity as a central component of student development.



by Annie Sadlier



Vision and Strategic Objectives

Carmel College aims to foster confident, connected, and actively involved lifelong learners by promoting sport and physical activity as a central component of student development. Our vision for sport prioritises personal excellence, connection, and wellbeing, creating a vibrant and inclusive community.

Strategic Objectives and Key Focus Areas

1. Foster Student Engagement and Inclusivity in Sport
2. Develop Physical, Mental, and Emotional Wellbeing
3. Excel through Development and Achievement in Core Sports
4. Build Community Engagement and Connection

Foster Student Engagement and Inclusivity in Sport

Objective: Increase participation and connection through accessible, diverse sports opportunities.

1 Inclusive Opportunities

Expand intra-school sports and activities to allow all students access to non-competitive and recreational sports.

2 Social and Competitive Balance

Develop opportunities for both fun-based and competitive sports, meeting students' diverse interests and fostering lifelong activity.

3 Communication & Promotion

Enhance sport visibility through social media, newsletters, and assemblies to celebrate achievements and foster a sense of belonging.





Develop Physical, Mental, and Emotional Wellbeing

Objective: Create a safe, supportive environment for student growth, resilience, and wellbeing through sport.

1 Supportive Environments

Enhance facilities and provide safe spaces for students to engage in sport, addressing resource needs (e.g., field, gym upgrades, equipment).

2 Mental Health Support through Sport

Use sport to help manage student anxiety and stress, promoting a healthy balance between academics and physical activity.

3 Student-Led Initiatives

Empower students via leadership roles within a Student Sports Council, giving them ownership of sporting events, activities, and wellbeing initiatives.



Excel through Development and Achievement in Core Sports

Objective: Establish Carmel as a leading school in Auckland for competitive sports, with depth and quality in core sports.

1

Pathways for Success

Introduce transparent sports pathways to encourage skill progression and competitive success from Year 7 to senior levels.

2

Quality Coaching and Support

Recruit and retain high-calibre coaches to strengthen core sports (Netball, Football, Basketball, Waterpolo, Volleyball, Hockey).

3

Celebrate Achievement

Recognise and celebrate individual and team successes, enhancing school pride and motivation for personal excellence.



Build Community Engagement and Connection

Objective: Strengthen ties with students, parents, staff, and the local community to create a unified approach to sports.

1 Enhanced Parent and Community Involvement

Create an Active Supporters Club to encourage parental and community participation in sports events and fundraising initiatives.

2 Partnerships with Local Organisations

Collaborate with local sports clubs and organisations to provide additional resources and opportunities.

3 Accessible Communication

Improve transparency and engagement by regularly updating stakeholders on sports programs, schedules, and events.



Strategic Focus Areas and Measurement

Strategic Focus Areas

- **People:** Invest in quality coaches, skilled staff, and engaged volunteers to provide a high-quality sports experience that fosters growth and resilience.
- **Programmes:** Create inclusive sports programs that balance fun and competition, catering to all levels of ability and fostering lifelong involvement.
- **Environment:** Maintain and upgrade facilities to provide safe, accessible, and well-equipped spaces for students to train, play, and build a sense of belonging.

Measurement and Evaluation

To track success, Carmel College will monitor and measure:

- **Student Participation and Retention Rates:** Increased involvement in both competitive and non-competitive sports.
- **Student Feedback and Wellbeing Surveys:** Annual surveys to gather insights from students, parents, and staff on sports impact.
- **Achievement Milestones:** Regional and national competition results, team performance, and individual accomplishments.
- **Community Involvement:** Growth in parent and community engagement in sports events and initiatives.



Key Values and Future Directions

Key Values in Action



Respect

Building a supportive and inclusive culture that values every student's unique contribution.



Confidence

Empowering young women through sports to build resilience, self-esteem, and leadership skills.



Belonging

Fostering a welcoming environment where every student feels part of the Carmel sports community.



Wellbeing

Prioritising physical and mental health through balanced participation and encouraging a positive school experience.

Future Directions and Sustainability

Carmel College's sports strategy will continue to align with broader educational outcomes, prioritising holistic development and preparing students to become resilient, confident leaders. Through community engagement, a focus on wellbeing, and commitment to high-quality sports experiences, Carmel College aims to set a benchmark for excellence in girls' sports education.